

# Academy Sports Therapist

## Job Description and Person Specification

### Position Details

<b>Position:</b> Academy Sports Therapist	<b>Department:</b> Sports Science and Medicine	<b>Reporting to:</b> Senior Academy Physiotherapist
<b>Salary:</b> Dependant on experience	<b>Contract:</b> Permanent Full Time	<b>Hours per week:</b> 37.5

**Overall Objective:**

- Provide evidence-based assessment, treatment, rehabilitation & injury prevention plans for Academy Players.
- Provide pitch-side emergency first aid at training sessions and matches.

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**Main Objectives**

- **Commitment** to developing the physical performance of the team through injury management and prevention and contributing to screening and testing.
- **Responsibility** of providing best practise assessment, treatment, rehabilitation and preventative strategies.
- **Autonomy** to manage your own workload with periodic supervision by the Senior Academy Physiotherapist.
- **Innovative** ways to develop the Department and highlight opportunities to be performing above expectation.
- **Communication** within the interdisciplinary team to unite in our goal of player development.

**Summary of Duties**

- To provide evidence-based assessment, treatment, rehabilitation and injury prevention plans for all Academy Players as required.
- Provide a high-quality therapy service to Academy Players including the provision of evening clinics during FDP and YDP training.
- Provide emergency pitch-side first aid to Academy teams on match days and evening training sessions.
- Maintain up to date & accurate medical records of assessments, treatments & rehabilitation in line with HCPC/SST guidelines.
- Liaise effectively with the academy medical and coaching teams; reporting all injuries, outcome measures and treatment plans to the Senior Academy Physiotherapist as required.
- Liaise & work alongside the Senior Academy Physiotherapist, coordinating medical care for FDP + YDP players as required.
- Conduct periodic health screenings and assist with performance testing in line with Academy protocols.
- Assist with the implementation of COVID-19 policies and ensuring strict adherence to these policies.

**Essential**

- BSc Sports Therapy (Member of the Society of Sports Therapists **or** BSc Physiotherapy (registered with the CSP and HCPC)
- Candidates must be passionate about working in football and looking to gain valuable experience working with elite, developing athletes.
- Must be innovative & forward thinking, with the drive to assist with & improve the protocols already in place at MK Dons FC Academy.

**Desirable**

- Previous experience of working in a football environment (as a student or qualified therapist).
- Previous experience with adolescent athletes.
- Previous pitch side / trauma management experience.
- Pitch side first aid qualification (ITMiF/IFAS).

- Strict adherence to club safeguarding of children & GDPR policies.
- Be a full and active member of our Sports Science & Medicine internal continued professional development programme, contributing to team meetings & in-house CPD events.
- Flexible working will be required in order to cover the demands of the role. This includes unsociable hours at evenings and weekends.
- This role will be primarily based at the MK Dons training ground and stadium MK. It will also involve regular travel to away games.

Reference: F0419

Closing Date: 02/10/2020